



# Zumba Zumba!

[funkifit.com](http://funkifit.com)



## About Us

We are sisters, Jessica and Melissa, who started funKi fit to bring you classes and services that balance mind, body, spirit and, of course, a lot of fun! It's in our name - "fun" and "Ki" (circulating life energy). We started teaching Zumba in 2009 after experiencing our own body and life transformations. We instantly fell in love with the program and got our entire family involved and addicted.

**FLIP THIS FLYER OVER for details about ALL the services we offer from special events to kids classes!**

## Zumba Winter Session (Save \$10 with Early Bird Pricing!)

**Session:** Jan 12 – March 31 (12 weeks) **FREE CLASSES ON Jan 12 & 14**

**Date & Time:** Tuesdays and Thursdays at 6:30 pm (1 hour).

**Where:** Northmount Community League, 9208-140 Ave

**Cost:** Various punch cards and drop-in available – see below or visit [www.funkifit.com](http://www.funkifit.com) and click "Join Today." Punch cards expire at the end of the session. **EARLY BIRD special runs until midnight on Jan 14. Save an additional \$10 off any punch card.**

### **PUNCH CARDS (not including GST)**

6 classes – \$49

12 classes – \$99

24 classes – \$179

Drop-in – \$10

### **How to Join?**

You can join any time by registering in person and purchasing a punch card for Zumba in the amount of classes you want or dropping in. Simply show up early to register in person and/or try a drop-in class. We accept cash, cheque and major credit cards.

**NOTE: All Punch Cards expire at the end of the session. EARLY BIRD special runs until midnight on Jan 14. Save an additional \$10 off any punch card.**

## Contact Us & Join Today

**Web:** [www.funkifit.com](http://www.funkifit.com)

**Email:** [funkifitinfo@gmail.com](mailto:funkifitinfo@gmail.com)

**Facebook:** Funki fit

**Twitter:** @funKifit

# Zumba Kids, Special Events, Personal Training, Nutrition

## ZUMBA KIDS

**Zumba Kids — a Zumba program designed exclusively for kids** — is a rockin' high-energy fitness-party packed with specially choreographed, kid-friendly routines and music kids love.

**Teachers and parents love Zumba Kids because** of the effects it has on kids, increasing their focus and self-confidence, boosting metabolism and enhancing coordination. It shows kids that being active can be a party!

Qualified and skilled with over 5 years experience, instructors Melissa and Jessica can bring this energetic program to your school or centre. We've been in schools, play-schools and daycares from K-12 for three years with great success. We also do adult classes.

### How it works

Please contact us for an exact quote. We include a basic sound system, mileage, travel time and GST in an affordable flat rate.

## SPECIAL EVENTS

- Birthdays for kids and adults
- Stagettes/Weddings/Anniversaries (burlesque, salsa, Zumba etc.)
- Fundraisers/Wellness Days
- Private Classes/Training
- Theme Days/Summer Camps



## PERSONAL TRAINING & NUTRITION

Book a FREE Personal Training and/or Nutrition Coaching consult with us today.

Visit [www.funkifit.com](http://www.funkifit.com) for details!

## Book Today! Contact Us

Email: [funkifitinfo@gmail.com](mailto:funkifitinfo@gmail.com)

Phone: 780-242-1344 or 780-660-2588

Web: [www.funkifit.com](http://www.funkifit.com)